

HE TUHINGA TOHUTOHU

Te whakamāramatanga:

Ko te whai i tētahi taura e raupapa ana i ngā wāhanga e oti ai tētahi mahi.

Te pūtake:

Ko te tohu atu me pēhea te mahi i tētahi mahi. Ko te mea nui ka taea e tētahi atu te whai i ngā tohutohu.

Ngā momo tohutohu:

E toru ngā momo tuhinga tohutohu ko te **tohutohu mō te mahi i tētahi mahi**, ko te tohutohu mō te tākaro kēmu, me te tohutohu mō te haere ki tētahi wāhi.

Te tapanga

Te whakatakotoranga kaupapa

Te rārangi rauemi

Ngā tohutohu

Te Mahi Hāngi

He tohutohu ēnei hei āwhina i te tangata e hiahia ana ki te tunu hāngi mō te takiwā o te 150 tangata.

Ngā kai

- Huawhenua - rīwai, kūmara, poukena, me tētahi hua kākāriki
- Te maramara parāoa - parāoa, rau kakara, pata, riki
- Ngā mīti - kau, hipi, pīkaokao, poaka

Ngā taputapu

Mō te kai:

- kia 5 ngā māripi, kia 5 ngā māripi waru hua
- kia 6 ngā kete rahi

Mō te rua:

- kia 6 ngā kete kai
- he papanga me ngā pēke poharu
- he kōhatu puia
- he kāheru

Ngā tohutohu

1. Whakaritea ngā mīti, waruwaruhia ngā huawhenua. Waiho ngā mīti ki tētahi kete kai me ngā huawhenua ki tētahi atu.
2. Whakaritea te rua hāngi mā te kerī i te one. Kia kotahi mita te hōhonutanga, kia rua mita te whānuitanga.
3. Whakakīia ki ngā pororākau. Utaina ngā kōhatu ki ngā pororākau. Tahuna ki te ahi.
4. Ka 2 ki te 3 hāora kia pūkākā ngā kōhatu, ā, tangohia ngā ngārahu, me ngā pororākau kāore i hīweratia.
5. Waiho ngā kete kai ki ngā kōhatu wera. Ko te mīti ki runga pū i ngā kōhatu, ko ngā huawhenua ki runga ake i te mīti.
6. Uhia katoatia ngā kete ki te papanga me ngā pēke poharu. Tōpunitia ki te paru. Ka 3-4 hāora te roa kia maoa ngā kai, nā reira he tatari, he mātakitaki, he kōrero paki te mahi i nāiane.
7. Kia tāmaoka ngā kai, keria ngā paru, tangohia ngā pēke me te papanga, kātahi te kai!
8. Tangohia ngā kete, raua atu ngā kai ki ngā rourou, whakarato ki ngā pereti. Kainga! Te namunamuā!

Hei tautohu i te kaupapa o ngā tohutohu.

Hei whakatakoto i te kaupapa, hei whakawana hoki i te kaupānu.

Ngā mea whakauru, ngā taputapu.

Hei tohutohu atu i ngā mahi me te raupapatanga o ngā mahi.

Ngā āhuatanga reo

Te reo ine

... ki te tunu hāngī mō te **takiwā o te 150 tangata**. (line 1)
Kia 5 ngā māripi,... (line 9)
..., **kia 5 ngā** māripi waru hua (line 9)
kia 6 ngā kete rahi (line 10)
kia 6 ngā kete kai (line 12)
Kia kotahi mita te hōhonutanga, **kia rua mita** te whānuitanga. (lines 21 and 22)
Ka 2 ki te 3 hāora kia pūkākā ... (line 25)
Ka 3–4 hāora te roa kia ... (line 30)

Te whakahau kupumahi hāngū

Whakaritea ngā mīti, ... (line 19)
..., **waruwaruhia** ngā huawhenua. (line 19)
Waiho ngā mīti ki ... (line 19)
Whakakīia ki ngā pororākau. (line 23)
Utaina ngā kōhatu ki ... (line 23)
Tahuna ki te ahi. (line 23)
..., ā, **tangohia** ngā ngārahu, ... (line 25)
Uhia katoatia ngā kete ki ... (line 27)
Tōpunitia ki te paru. (line 27)
..., **keria** ngā paru, ... (line 29)
..., **tangohia** ngā pēke ... (line 32)
Tangohia ngā kete, ... (line 34)
Kainga! (line 35)

Te reo ā-kaupapa

He **tohutohu** ēnei ... (line 1)
... ki te **tunu hāngī** mō te ... (line 1)
Ngā kai (line 5)
Ngā taputapu (line 9)
Mō te kai (line 10)
Mō te rua (line 13)
Ngā tohutohu (line 18)
... ngā **mīti**, ... (line 19)

Ngā tohutoro

How to put down a hāngī: 11 Steps (with video). I tangohia mai i te 31/10/10 mai i www.wikihow.com/Put-Down-a-Hangi

For further information about Written Instructions see:

Aronui (2008). He Manu Tuhituhi. *He Tuhinga Tohutohu: He Pukapuka Arataki i te Kaituhi*. pp. 7–21. Te Papa-i-oea: Aotearoa.

Aronui (2008). He Manu Tuhituhi. *He Kura Tuhituhi me He Manu Taketake: Te Pukapuka Aratohu mā te Kaiako*. “He Tuhinga Tohutohu.” pp. 45–62. Te Papa-i-oea: Aotearoa.

He mea waihanga mō tētahi kaupapa a Te Tāhuhu o te Mātauranga.

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Te Kāwanatanga o Aotearoa

